

TEEN PREGNANCY

ECS Teen and Young Parent
Program
(402) 559-1077

Lutheran family services
(402) 978-5643

Nebraska Children's home
society
1-877-420-4747

Suicide prevention

National Suicide Prevention
Lifeline
1-800-273-8255

Yellow Ribbon Suicide
Prevention Hotline
1-800-784-2433

The Trevor Lifeline
1-866-488-7386

Boystown National hotline
1-800-448-3000

GLBTQ RESOURCES

The Trevor Helpline
1-866-488-7386

PFLAG Omaha
(402) 291-6781

Utility and Rent Assistance

Salvation Army Utility Assistance
(402) 898-5966

Salvation Army Rent Assistance
(402) 898-4763

Food Pantry

*require referral. Please contact
school counselor, School
Psychologist or Social worker for
referral.

RALSTON DISTRICT PHONE NUMBERS

Blumfield Elementary
(402) 331-0891

Karen Western Elementary
(402) 731-7477

Meadows Elementary
(402) 339-6655

Mockingbird Elementary
(402)331-6954

Seymour Elementary
(402) 331-0540

Wildewood Elementary
(402) 331-6475

Ralston Middle School
(402) 331-4701

Ralston High School
(402) 331-7373

Central Office
(402)331-4700

For more detailed information please
speak with a Ralston Public School
guidance counselor, social worker or
School psychologist.

RALSTON
PUBLIC
SCHOOLS



COMMUNITY RESOURCES

*This is not a comprehensive list of all
services in the Omaha metro area, or a
recommendation for services. Ralston
public schools does not promote or
recommend individual agencies. This
brochure is intended as a starting point for
parents and families beginning the process
of seeking available community resources.*

MEDICAL

One World Community Health
Center
Livestock exchange bldg.
5920 S. 30th St., Suite 103
(402) 734-4110

Creighton dental program
2802 Webster st.
(402) 280-2865

Kids connection
**free health care coverage for children
whose parents meet the income guidelines*
1-877-632-5437

PRESCRIPTION ASSISTANCE

I care program
(402) 552-3914

Home Medical Outreach
(402) 345-2400

Together Inc. of Metro Omaha
(402)345-8047

CHEMICAL DEPENDENCY

ABH
(402) 571-7148

AA Meetings
(402) 556-1880

Boys & Girls Club of Omaha
(402) 733-8333

Journeys
(402) 898-4135

NOVA
(402) 455-8303

Valley Hope
(402) 991-8824

PARENTING

Boystown National Hotline
1-800-448-3000

Nebraska Family Support Network
1-800-245-6081

Nebraska Family Helpline
1-888-866-8660

Child Saving Institute
(402) 553-6000

Nebraska dept. of Health & Human
Services
(402)595-3400

Child abuse and neglect hotline
1-800-652-1999

**DOMESTIC VIOLENCE/SEXUAL
ASSAULT**

Women's Center for Advancement-
24- hour hotline
(402) 345-7273

Omaha Police Department
(402) 444-5828

Ralston Police Department
(402) 331-1786

LEGAL ASSISTANCE

Creighton Legal Clinic
Creighton Law School
2120 Cass St.
(402) 280-3068

Legal Aid of Nebraska

COUNSELING/PSYCHOLOGICAL

Capstone Behavioral Health
(402) 614-8444

OMNI Behavioral Health
(402) 397-9866

Heartland Family Services
(402) 552-7400

**HFS Spanish Speaking Counselors
(402) 552-7472

Lutheran Family Services
(402) 592- 0639

Methodist Community Counseling
Services
(402) 354-6891

UNO Community Counseling Clinic
(402) 554-2727

Children's behavioral health
(402) 955-3900

Boystown Behavioral Health
(888) 746-9898

Alegent health Psych. Assoc.
(402)717-4673

Catholic Charities
(402)554-0520

Region VI
(402)444-6400

SPECIALIZED TOPICS

Healing Journeys Therapy
**specializing in GLBTQ issues*
(402) 517-0533

Ted E. Bear Hollow
**Grief resources for families*
(402) 502-2773

PTI-Nebraska
**parent advocacy for special
education*